

CENTER FOR WELL-BEING

Storybook Yoga

APRIL 28 | 12 PM- 1 PM



COME FOR A BREAK OF MOVEMENT AND IMAGINATION. JOIN US FOR A STORYBOOK YOGA CLASS WHERE YOU CAN RELAX, CREATIVELY EXPRESS YOURSELF, AND GET A LITTLE MOVEMENT IN. BRING A MAT, BRING A FRIEND, AND GET READY TO STRETCH!

FOR MORE INFO GO TO

