

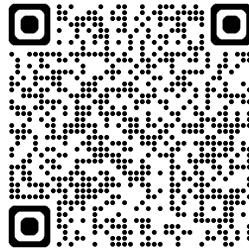


MENTAL HEALTH FIRST AID

Mental Health First Aid is an evidence-based training that prepares you to recognize signs of mental distress, respond with confidence, and connect others to support.

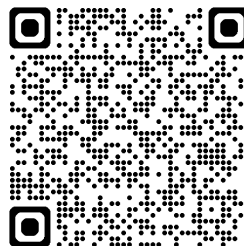
**IN-PERSON 2-DAY TRAINING SESSION:
TUESDAY & WEDNESDAY: JULY 7TH & 8TH AT 9AM- 1PM**

**SCAN/CLICK QR CODE
TO REGISTER FOR
JULY CLASS**



**VIRTUAL 1-DAY TRAINING SESSION:
(2 HOURS OF PRE-COURSE WORK REQUIRED)
FRIDAY: AUGUST 14TH @ 9AM- 3:30PM**

**SCAN/CLICK QR CODE
TO REGISTER FOR
AUGUST CLASS**



For more information or for accessibility-related questions, please contact SHS at 310-660-3643.