

ANGER MANAGEMENT SERIES

DISCOVER THE PATH TO EMOTIONAL BALANCE

Presented by Dr. Vianey Midgette



This workshop series will guide students in understanding the cycle of anger and how it impacts our lives.

Thursdays:

**September 28th, October 5th, October 12th,
October 19th, October 26th, November 2nd, &
November 9th**

From 2:00PM-300PM

In the Student Health Center Conference Room

**To register, click here or
scan the QR Code!**



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For more information or for accessibility-related questions, please contact SHS at 310-660-3643.