NURTURING MEALTHY RELATIONSHIPS:

RELATIONSHIPS & BOUNDARIES



Building and maintaining meaningful relationships is an essential aspect of our lives, but it's equally important to establish and respect personal boundaries. This workshop will equipe you with the knowledge and skills to foster fulfilling connections while preserving your emotional well-being.

Wednesday, September 20th 12:00PM-1:00PM

In the Student Health Center Conference Room Presented by Dr. LaJoi Lewis

To register, <u>click here</u> or scan QR Code!



