



# CARE & CalWORKs Warriors Student Success Calendar

## May 2022 | Newsletter



### Deadline to Drop Courses is May 13th

Remember, no one cares about a person falling behind, in a race, once they make it to the finish line. Need to withdraw from a course? Deadline to drop courses with a "W" is **MAY 13th**. Need to meet with a counselor? Request an appointment [here](#).

### 3rd Contact Due May 16th (CARE)

CARE students, if you haven't already, please meet with a counselor to complete your 3rd contact for the spring semester. Complete this ASAP to receive your third meal and gas/U-Pass disbursement!

Email the CARE team at [careinfo@elcamino.edu](mailto:careinfo@elcamino.edu) to schedule your contact appointments now!!!

### PAID Work-Study Job Opportunities (CalWORKs)

Students who are interested in participating in the CalWORKs Work Study Program are encouraged to complete the [Student Interest Form](#).

Position: Warrior Peer Mentor |  
ECC Department: Warrior Welcome Center

Position: Administrative Assistant | \$17/hr  
Off Campus Opportunity: Gourmet Blends Corp



Position: Library & Learning Resources Assistant | \$15/hr  
ECC Department: Library & Learning Resources

Email the CalWORKs team at [calworksinfo@elcamino.edu](mailto:calworksinfo@elcamino.edu) for more information.

### Scholarship Deadline

#### "Mom to Scholar" Scholarship for Mothers



The "Mom to Scholar" Scholarship for Mothers is open to mothers who want to begin or resume their journey towards earning a technical or college degree. In order to be eligible for this scholarship you must:

- First and foremost, be a mother!
- Be age 35 or over
- Have financial need
- Submit an essay that shares why you would be a deserving recipient
- Share proof of enrollment at a technical, community, or four-year college/university
- Be a US Citizen, Permanent Legal Resident, or DACA

Click [HERE](#) to apply! Application due by June 1, 2022

### Meal & Transportation Assistance (CARE)

As a reminder, the CARE office has begun meal and gas/bus pass assistance this semester. You are eligible to receive these services after each of your required **THREE** contacts.



Contact the EOPS/CARE office, 310-660-3464, to make your EOPS/CARE contact appointment. If you have already completed your 1st and/or 2nd contact, please email [careinfo@elcamino.edu](mailto:careinfo@elcamino.edu) to schedule your service card pick up date and time.



### May Workshops

#### Understanding and Coping with Anxiety Workshop

Learn how to spot anxiety symptoms and practice effective ways to cope. Monday, May 23rd, 5:00 pm | [Link Here](#)

#### Spill The Tea:

Come to this open forum for anyone to speak about any aspects that affect their educational journey, and share resources. Friday, May 20th, 11:00am - 1:00 pm | [Link Here](#)

#### Interview Essentials

Learn best practices and techniques for job interviews. Tuesday, May 31st, 2:00pm - 3:00pm | [Link Here](#)

### Stay connected at all times!



Sign-up for text alerts for the CARE program and be able to text the CARE advisor questions (during CARE business hours). Text @careecc to 81010 to join (you can opt-out at any time)

### CalWORKs/CARE Updates & Resources

Follow the EOPS Instagram: @eopsecc

Warrior Food Pantry information: [Click Here](#)

Warrior Closet Information: [Click Here](#)

Virtual Drop In Office Hours (CalWORKs):  
Tuesdays, 9am-10am: <https://tinyurl.com/fssv8wz6>





# CARE & CalWORKs Warriors Calendar of Events for Kids

## May 2022 | Newsletter



### Food Distribution

*What: Hello Spring Produce and Pantry Drive-Thru*  
*When/Where: 1210 Wagner St. Culver City 90230*  
*Fri, May 6 | 11:30 AM – 1:30 PM REGISTRATION REQUIRED*  
*For registration and more information click [HERE](#)*

*What: Free Fresh Food and Produce*  
*When/Where: Kingdom Life Christian Fellowship*  
*1919 East Compton Boulevard Compton, CA 90221*  
*Every FRIDAY at 7:00am for more information click [HERE](#)*

*What: Let's Be Whole Food Pantry*  
*When/where: Wednesday - Friday, see listed locations/times [HERE](#)*

*What: Free Fresh Fruit & Vegetable Distribution*  
*When/where: Every Friday; Location & more info [found HERE](#)*

*What: Friday Fresh Food (Vegetables, Meat, Dairy)*  
*When/where: every Friday, 10am-1pm; 18807 Crenshaw Blvd, Torrance, CA 90504*



### May is Mental Health Awareness Month

#### Mindful Mondays

*Every Monday at 8:30 am*

In this weekly workshop, we will practice mindfulness exercises, learn about mindfulness-related concepts, and listen to a guided meditation. [RSVP HERE:](#)



#### Peaceful Mind, Healthy Body Workshop

Adverse life experiences such as a health crisis, racial and social injustice, and family loss, can directly influence brain development and functioning, and overall emotional behavioral health. Come share your experiences, discuss and process your feelings, and gain valuable coping tools.



Wednesday May 11th, 12:00 pm | [RSVP Here:](#)

### Norwalk Town Square Kids Fun Zone

This month we will be creating a salt painting! This activity is a favorite amongst all age groups. We will create our own unique designs and use salt and watercolors to create a raised painting that looks 3D.

This event is free to the public, but you must register to attend.

[RSVP HERE](#)

Saturday May 14th, 11:00 am- 2:00 PM

### Craft of the Month

**Handprint Sunflower:** Create a beautiful memorable flower that will last a life time with your love ones little hands!

For Steps and more information [Click Here:](#)



### Family Fun Festival

Ready for an exciting day of fun? Excited for a day of family fun? At 2ND & PCH, enjoy 35+ Local Makers, Face painting by Karen's Face Painting, kids Activities, Live Music by Sage Escalante 12:30pm-2pm, and Live Music by Resident DJ Steve Dub 2:30pm-5:30pm.

Plenty of fun for everyone - pet friendly + kid friendly

Sunday May 15th, 11:00 am - 6:00 pm

[RSVP HERE:](#)

"Life is TOUGH but so are you!"



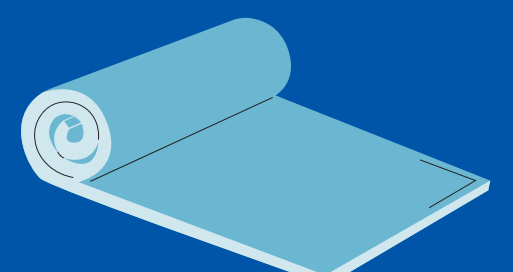
- Ave Mateiu



### Kids Club x ACE Yoga

Join Kids Club and @kidsyogawithace every other Tuesday in the Plaza for Kids Yoga! It's free to attend. Reservations required.

RSVP [Here:](#)



Disclaimer of Endorsement: EOPS/CARE, CalWORKs, and Guardian Scholars do not constitute or imply the endorsement, recommendation, or favoring of any of the off-campus resources listed.