

Rainbow Services Program Descriptions

Rainbow Services provides shelter and support to anyone impacted by domestic violence, empowering them to move beyond trauma, towards safety & stability.

Rainbow Services is committed to helping all domestic violence survivors, regardless of gender or sexual identity, sexual orientation, number of children, citizenship status, or other factors that might limit their access to safety and assistance. All services are offered in English and Spanish, and translation/interpretation for other languages is available as needed.

24-Hour Crisis Line

Rainbow provides bilingual crisis assistance available through our hotline 24-hours a day, 7 days a week. Hotline counselors respond to calls from survivors, law enforcement, hospitals, first responders, the Department of Children and Family Services, and other community agencies seeking information and services. Rainbow's hotline is the default line for incoming Spanish language calls to the Los Angeles County District Attorney's DV hotline.

Emergency Shelter

Our 90-day emergency shelter, Rainbow House, offers safe, temporary, confidential housing to individuals and families who are experiencing violence in their homes, or who face homelessness due to domestic violence. Rainbow House is one of the few domestic violence shelters in Los Angeles which can accept families with a pet.

Transitional Housing

Our 12-month transitional shelter offers up to one-year of apartment style housing (in a confidential location) to support survivors as they continue to heal and develop their self-sufficiency. Survivors who have completed their stay at an emergency shelter (Rainbow's or otherwise) and need additional time to establish independence may reside in our "Villa Paloma" transitional housing complex.

Community Housing

Our community housing program provides housing advocacy and financial aid to survivors experiencing homelessness or who are at risk of becoming homeless. Our Community Housing program utilizes the DV Housing First model to identify and establish suitable rental properties for survivors and their children. Housing advocates maintain relationships with local landlords and provide survivors with one-time or time-limited support of expenses such as deposit, rent, childcare, vehicle repair, tuition, or other costs that may hinder their ability to establish a safe home.



Supportive Services

We work collaboratively with survivors to develop a service plan tailored to meet their specific needs, including increasing resources and improving emotional and physical well-being. Our support services team is available to develop safety plans for survivors who have fled or are preparing to flee a domestic violence situation. Once safety is established, a support services advocate will work one-on-one with the survivor to conduct a needs assessment, which may include connecting the survivor to Rainbow's shelter and a number of supportive services, as well as resources and referrals within our network.

Individual Counseling

Rainbow's counseling program seeks to support survivors as they address their trauma. All sessions are held privately and overseen by a licensed clinical social worker. Rainbow provides counseling services to help survivors and their children overcome the trauma that often results from abusive relationships. Counseling can be provided in group settings to help develop social support networks or one-on-one if survivors prefer more interpersonal sessions. Family counseling is available to help support parent-child relationships as they work to overcome trauma.

Support Groups

Survivors make connections by sharing their experiences and supporting one another in groups facilitated by Rainbow's staff. Support groups are available in both English and Spanish at different times during the week.

Legal Services

Our in-house legal advocacy team supports survivors with legal barriers in their pursuit for independence. In some cases, this may also include court accompaniment. The legal team helps survivors address a variety of legal issues, such as:

- Family law
- Child custody and support
- Retraining/protective orders
- Immigration
- Landlord/Tennant

Children's Services

Our children's program provides childcare and age-appropriate activities for any child accompanying their parent to Rainbow. Children engage in therapeutic art activities and imaginative play to help them cope with traumatic experiences. Our children's program aides are experienced in interacting with youth exposed to trauma, and are led by the children's program coordinator, an MSW position with a background in family counseling.

If you or anyone you know needs domestic violence services, support, shelter, or resources, please call our 24-hour Spanish/English hotline: 310-547-9343. All survivor services are confidential and provided at absolutely no cost.