



THRIVE TOGETHER: UNWIND & CREATE

Tuesday, November 18

1pm - 2:30pm

Center for Well-Being
(Near Parking Lot L)

Take a moment for yourself and connect with others through a calming, self-care-focused painting activity. This relaxed and welcoming space is all about slowing down, getting creative, and checking in with one another.

* Actively enrolled Guardian Scholars/NextUp students will receive a service card for attending.

RSVP Here!



tinyurl.com/FYSSPAINT



ECC STATEMENT:

The El Camino Community College District is committed to providing an educational and employment environment in which no person is subjected to discrimination on the basis of actual or perceived race, color, ancestry, national origin, religion, creed, age (over 40), disability (mental or physical), sex, gender (including pregnancy and childbirth), sexual orientation, gender identity, gender expression, medical condition, genetic information, marital status, military and veteran status, or retaliation; or on any other basis as required by state and federal law.

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