

Setting Healthy Boundaries

Strengthen your relationships and build confidence in communicating your needs! This workshop, facilitated by the Alliance for Children's Rights, explores healthy boundaries in relationships, housing, work, and peer interactions. Learn practical strategies for communication, trust, conflict resolution, and maintaining healthy boundaries.



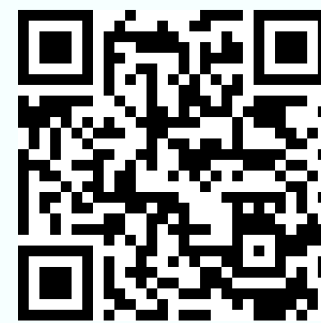
WHEN Wednesday, November 4

TIME 1 PM - 2 PM

WHERE ZOOM

Join Here!

Zoom ID: 835 0800 5831



tinyurl.com/FYSSFALL



Actively enrolled Guardian Scholars/NextUp students will receive a service card for attending.

ECC STATEMENT:

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