

PROGRAM
DAY FOUR: THURSDAY, MAY 16th

EMPOWERED SELF-CARE

Location: Social Justice Center: Communications 204: Student Services Plaza



9:45-11:10 am

Dr. Melanie Lindsay (co-keynote)

The Meaning and Practice of Abolitionist Self-Care



11:30-12:55 pm

Dr. Anita Revilla (co-keynote)

Heal from Academic Spirit Murder?:

Ethnic Studies and Activism as Spirit Protection and Restoration



1:15-2:15 pm

Shaunai Wilkinson

Empowered Yoga and from Dr. Amina an Ode to Rosa Parks, Civil Rights Activist and Yogi

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2:30-3:55 pm: Rony Castellanos, M.Ed. (He/They)
I Am Not Your Good Immigrant: Un-(Docu)-Queer: Now What?

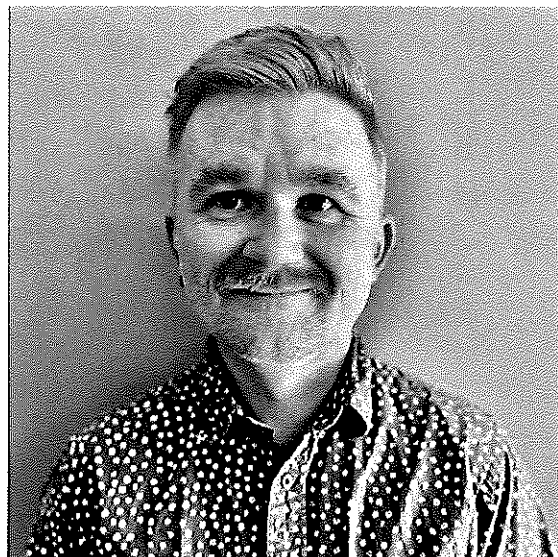
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4:15-4:30 pm: PROSE and POETRY Session
Positionality and Intersectional Identities: El Camino College Students
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Jamila Zaki: El Camino College Student: *Introduction to Ethnic Studies*
Personal Narrative: *The Beauty In Me*



tommy oneil: El Camino College Student: *Introduction to Ethnic Studies*
Original Poem: *superbloom*

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4:30 pm-5:40 pm: PROSE and POETRY Session

Positionality and Intersectional Identities: Race, Class, and Gender

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Ebony Gilbert: Television writer, playwright, and author
Woman (An Original Poem)
Sankofa (An excerpt from a play set for production 2024-2025)



Penelope Lowder: Playwright, screenwriter and novelist
She Shot Me (excerpt)



Amina AmXn: Playwright, Writer, Photographer, Quilter, Afro Futurist, and Scholar
Dear Black WomXn (An Original Poem)