



Course SLO Assessment Report - 4-Column

El Camino College

El Camino: Course SLOs (HSA) - Adapted PE

Course SLOs	Assessment Methods & Standard and Target for Success / Tasks	Results	Action & Follow-Up
<p>El Camino: Course SLOs (HSA) - Adapted PE - ECC: PE 400 - Adapted Fitness - SLO #1 Components - Students will define the components of physical fitness and the methodology to improve each component. (Created By El Camino: Course SLOs (HSA) - Adapted PE)</p> <p>Course SLO Assessment Cycle: 2013-14 (Spring 2014) 2016-17 (Spring 2017)</p> <p>Input Date: 11/12/2013</p> <p>Course SLO Status: Active</p>	<p>Assessment Method Description: Students were given a 10 question quiz on the components of fitness and the methodology to improve each component. Questions were short answer/fill-in.</p> <p>Assessment Method: Exam/Test/Quiz</p> <p>Standard and Target for Success: 75% of students should achieve a grade of 9-10 (4 on the rubric) on the quiz.</p>	<p>04/08/2014 - 33 students took the quiz. Only 15 (45%) students received a 4 on the rubric. This is much lower than the goal of 75%. Because in this particular group, many students have been recognized as DDL, the standard for success was not reached. The wide variance of disability groups in the Adapted Physical Education program creates a unique situation when testing. Regardless, improved instruction should raise the success rate.</p> <p>Standard Met? : No</p> <p>Semester and Year Assessment Conducted: 2013-14 (Spring 2014)</p> <p>Faculty Assessment Leader: Russell Serr</p>	<p>10/13/2014 - Before the quiz is given again, a worksheet will be given along with the study guide to assist students with mastering the material.</p> <p>Action Category: Teaching Strategies</p>
<p>El Camino: Course SLOs (HSA) - Adapted PE - ECC: PE 401 - Adapted Strength Training - SLO #1 Appropriate Resistance - Students will identify appropriate resistance exercises for specific muscle groups. (Created By El Camino: Course SLOs (HSA) - Adapted PE)</p> <p>Course SLO Assessment Cycle: 2013-14 (Spring 2014) 2016-17 (Spring 2017)</p> <p>Input Date: 11/12/2013</p> <p>Course SLO Status: Active</p>	<p>Assessment Method Description: Students were given a 10 question quiz and asked to match exercises with the specific muscle group used during that exercise.</p> <p>Assessment Method: Exam/Test/Quiz</p> <p>Standard and Target for Success: 80% of students will be able to score a 3 or 4 on the 1-4 rubric. 9-10 = 4 7-8 = 3 5-6 = 2 3-4 = 1 0-2 = 0</p>	<p>04/08/2014 - 23 students took the quiz. 83% of the students were able to score 3 or 4 on the rubric. 11 students scored 4 8 students scored 3 3 students scored 2 1 student scored 1</p> <p>The target for success was met, but next time may want to have a fill in rather than a matching quiz to better analyze students mastering of the muscle groups and the exercises needed to strengthen.</p> <p>Standard Met? : Yes</p> <p>Semester and Year Assessment Conducted: 2013-14 (Spring 2014)</p> <p>Faculty Assessment Leader: Russell Serr</p>	<p>03/10/2015 - To improve teaching specific muscle groups and exercises to improve it is recommended that the posters in the class be more utilized, add some diagrams to the bulletin board, and list muscles with the exercises listed on the exercise card.</p> <p>Action Category: Teaching Strategies</p>
<p>El Camino: Course SLOs (HSA) - Adapted PE - ECC: PE 404 - Adapted Cardiovascular Fitness - SLO #1 Target Heart Rate - Students will calculate one's target exercise heart rate for cardiovascular exercise and identify its applications and limitations. (Created By El Camino: Course SLOs (HSA) - Adapted PE)</p> <p>Course SLO Assessment Cycle: 2013-14 (Spring 2014) 2016-17 (Spring 2017)</p> <p>Input Date: 09/18/2014 1:38 PM</p>	<p>Assessment Method Description: Twenty students took a midterm exam which included 5 specific questions relating to SLO statement #1. A rubric was developed to measure their knowledge based upon the number of correct answers.</p> <p>Assessment Method: Exam/Test/Quiz</p> <p>Standard and Target for Success: Target: Anticipated 60% of the students</p>	<p>04/25/2014 - Data: The average rubric score was 2.60 with a scale of 4-1. Forty-five percent (9 of 20) of the students earned a rubric score of 3 or 4. Forty-five percent (9 of 20) of the students earned a rubric score of 2. Ten percent (2 of 20) of the students earned a rubric score of 1. Analysis: Comparing the data from last assessment (spring 2013) there was a slight increase</p>	<p>03/23/2015 - Follow up mid-term exam with a final exam during the same semester using similar questions covering same content and determine if a greater number of students understand the concepts related to target exercise heart rates for cardiovascular exercise.</p>

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<p>05/15/2014</p> <p>Course SLO Status: Active</p>	<p>to earn a rubric score of 3>4. A score of 4 = student answered 5 > 5 questions correctly. A score of 3 = student answered 4 > 5 questions correctly. A score of 2 = student answered 3 > 5 questions correctly. A score of 1 = student answered 2 or less > 5 questions correctly.</p> <p>Related Documents: Rubric for PE 404 SLO.docx</p>	<p>in the average rubric score 2.6 versus 2.4. There was decrease in the number of students earning a rubric score of 3 or better i.e. 45% compared to 53%. The 2013 only had 4 related questions to the SLO statement compared to 5 during 2014.</p> <p>Standard Met? : No</p> <p>Semester and Year Assessment Conducted: 2013-14 (Spring 2014)</p> <p>Faculty Assessment Leader: Mark Lipe</p> <p>Faculty Contributing to Assessment: None</p>	<p>Action Category: Teaching Strategies</p> <hr/>