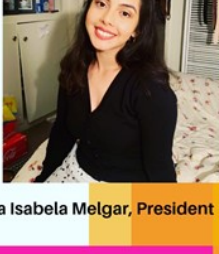


Meet Your Future Teachers' Club Cabinet!

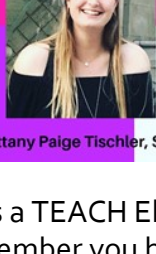


Carla Isabela Melgar, President

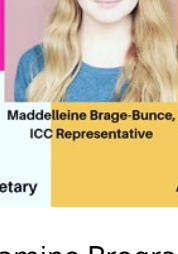


Layla Montufar, Vice President

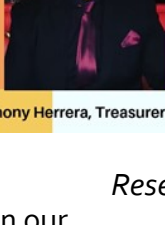
Your Future Teachers' Club Cabinet!



Brittany Paige Tischler, Secretary



Maddelleine Brage-Bunce, ICC Representative



Anthony Herrera, Treasurer



In This Issue:

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From Our Program Coordinators

TEACH Contact Info

As a TEACH El Camino Program member you have membership in our Future Teachers' Club. Come join our meetings held on:

Tuesdays (*SOC 123) **1-2 pm** and **Thursdays** (*SOC 121) from **2-3 pm**.

Reserve the following meeting dates:

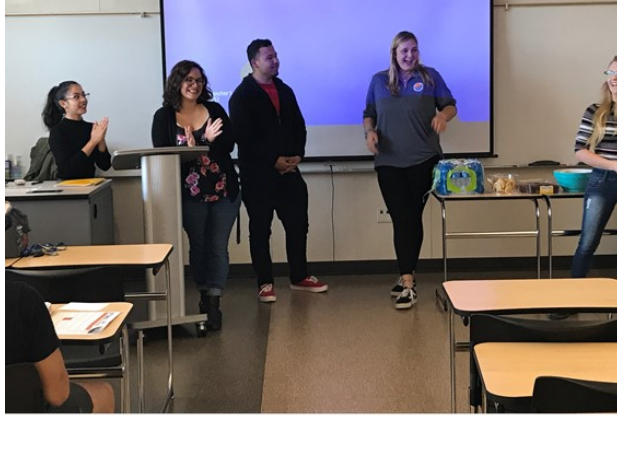
Tuesday, November 12

Thursday, November 14

Tuesday, November 26

Tuesday, December 3

Thursday, December 5



Madeleine Burge-Bunce (ICC Rep.) lead members in a fun community-building exercise.



Our TEACH cabinet formally introduced themselves to TEACH members in attendance at the Future Teachers' Club meeting on October 15, 2019.

Upcoming Events!

This conference is open to all high school, community college, university, and credential students interested in a career in teaching.

This year's keynote speaker will be [Mandy Manning, 2018 National Teacher of the Year](#). The keynote address will be followed by an extended Q & A session led by Mandy, so bring your questions!

The purpose of this conference is to encourage students to enter and continue in the field of teaching. Students will be able to attend several workshops and learn from master teachers and current educators in the field.

Registration is NOW AVAILABLE on the conference website – www.sac.edu/rttc

The 23rd Annual Road to Teaching CONFERENCE

Saturday, November 16
REGISTRATION: 7:00 a.m. to 7:45 a.m.
CONFERENCE: 8:00 a.m. to 3:30 p.m.
at Santa Ana College

Keynote Speaker
Mandy Manning
2018 National Teacher of the Year

Over 20 Workshops for Future Teachers:

- Elementary, Secondary, & Special Education
- Math & Science Exploration
- Common Core Standards
- Classroom Management
- Teaching with Technology
- Landing a Teaching Job
- Teachers Panel
- & Much more!

Lunch & Educational Fair Included

Register online: www.sac.edu/rttc

FREE LGBTQ+ Workshop

FOR EDUCATORS WORKING WITH CHILDREN AND FAMILIES

FRIDAY 11/15/19

12:30 PM - 1:30 PM

ARTB 305 (3RD FLOOR OF THE ART BUILDING)

EL CAMINO COLLEGE

Certificate of completion provided!

PLEASE REACH OUT WITH ANY QUESTIONS!
WeExist@tarzanatc.org (562) 428-4111 ext. 7142
@WeExist.TTC

Counselor's Corner

Hello Everyone,

I am going to take a break from my education-related topics to provide you with some important updates. If you were trying to file for a degree or certificate for Fall 2019, hopefully you made our October 17th deadline. If you did not, the next opportunity to file will be in January of 2020.

If you are planning to transfer to the university for Fall 2020, you need to apply by the end of November of *this year*. Our Transfer Center is hosting a number of Admissions and Application Workshops this month and next, and I would highly encourage you to attend these events prior to filling out your applications. Once you complete your application, the university will communicate with you concerning important deadlines, such as the submission of your transcripts.

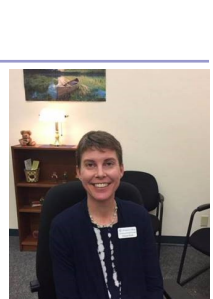
Speaking of transcripts, do not forget to file for CSU GE (or IGETC) certification in our Admissions Office at the end of your last semester here. This will ensure that you do not have to repeat any lower division GE's at the university!

Last but not least, if you are interested in touring UCSD, USC, Cal Poly Pomona or CSULB next month, sign up in the Transfer Center at your earliest convenience. We also host university representative visits each month from both public and private universities, so feel free to visit the Transfer Center at the beginning of November to pick up a schedule of planned visits. As always, please contact me if you have any questions related to your transfer admissions process.

And, for those of you who are not transferring at the end of Spring 2020, don't forget to schedule your fall counseling appointment now. Remember that you cannot remain an active member of TEACH if you do not schedule a counseling appointment each term. You can email me directly (CKroll@elcamino.edu) or you can email our program staff at TEACH@elcamino.edu.

And that completes this month's updates. Best of luck to all of you as you complete your studies this semester!

Until next time,
Cheryl Kroll, Program Counselor



Quote for the Quarter

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." – **Maya Angelou**

Web Article for the Quarter

"Preschool teachers' implicit bias impacts black boys most, study says"
by [Jeremy Hay](#), Published September 29, 2016

"You see what you're looking for," said Brault, who chairs a state subcommittee charged with designing training and policy recommendations for preschool discipline practices and data collection. The study "validates something we've been saying is needed — we have to get to the point where people recognize that they bring a mind-set to the work," she said.

Link to full article: <https://edsources.org/?p=570047>

From Our Program Coordinators

Greetings TEACH members!

We have formed a few great community partnerships with teachers from local schools who are willing to take on EDUC student observers.

We trust your fall semester is going well. We hope that each and every one of you are taking some time out of your busy schedules for some self-care. Student (and teacher) burn out tends to begin mid-school year/semester, and if we do not take care of ourselves, the effects may persist even after the semester is over. As hardworking students and future professionals in the education field, we must normalize taking a "pause" from the moment to moment hustle and bustle of everyday life.

Linda Thompson, author of the web article entitled "Importance of Self-Care as a Teacher" (2019) posits, "As teachers we often feel that teaching is much more than just a job, it is our identity. Sometimes when you don't feel as if you are doing well in school, it gets attached to how you feel emotionally about yourself." This is true for students, too.

Your identity as a student, employee, caregiver, partner, etc. is most often tied to our self-worth, and if you are overtired and pushing yourself to max with no rest, you are most likely putting unrealistic expectations on yourself. In Thompson's article, she promotes self-compassion, and offers ideas about how future teachers like yourself can establish and maintain regular self-care in your routine to prevent and avoid burn-out:

1. Set healthy boundaries for yourself
2. Remind yourself that not everything is on you
3. Use exercise as an outlet
4. Allow yourself to take time off when you feel overwhelmed

To read more, visit the link:

<http://neatoday.org/new-educators/importance-of-self-care-as-a-teacher/>

TEACH El Camino Program COME JOIN US!

To learn about job opportunities and workshops/conferences, please follow us on:



[teach_el_camino](https://www.instagram.com/teach_el_camino)

facebook.com/TEACHelcamino



Instagram

Email: TEACH@elcamino.edu

Website: <http://www.elcamino.edu/academics/behavioralsocial/teach-elcamino/>

Coordinators' Locations:

Campus Coordinator, Janice Jefferis: Art & Behavioral Science Building (ARTB), Rm 328

Community Coordinator, Yadira Arellano: ECC Business Training Center, 13430

Hawthorne Blvd., Hawthorne, CA 90250